

Grace – Emotional Wreck – Eyesight problems

[October 17, 2012 at 12:05 am](#)

Ysatis has shown me that miracles do happen (although she would probably reject using the word “miracles”). I have long suffered from a deep feeling of an inner void. A sense of emptiness, deep sadness, and confusion about every part of my life. Anyone who lives with a deep-seated confusion knows how uncomfortable life is. With Ysatis’ help, the benefits of therapy were apparent immediately after starting. Now, months later, I can say that the progress hasn’t slowed down. On the contrary – the progress I’ve made to becoming my true self has only intensified. Just last week, I went through a traumatic event in my life that involved very deep change. I was an emotional wreck. Just one week after being a broken, emotional, open wound, I feel better than ever before. It feels like a miracle inside! Things change in a short period of time through Ysatis’ therapy; I have faith that there is nothing that life can throw at me that won’t make me a strong, happier, FULLER person. It is intense and beautiful, and I can’t wait to continue on the path I am on with Ysatis as my guide and mentor. I am so thankful I have found this therapy.

[August 25, 2013 at 10:10 pm](#)

My eye sight has been increasingly worse for the past 3 or so years. I have worn glasses for about 10 years, but it was just for seeing far away, while sitting in class or driving, etc. It got to the point that I was unable to read a novel in front of my face, and was unable to even correct work handed in by my middle-school students for long periods of time. The computer screen was 100 times worse, because of the light sensitivity that came from a fragmented cornea. I was diagnosed with a degenerative disease of the cornea, called keratoconus, and was told that unless I have surgery it may get worse and can lead to total blindness of one or both eyes.

Through therapy with Dr. De Saint-Simone, my eye sight is improving. This therapy is gentle yet extremely effective. I have come to the realization of some of the causes of the faulty eye sight, and how to heal it. I think that vision problems are particularly significant in a spiritual sense. At least, that is how my experience has been. My fear of seeing things as they are/were was making me literally blind. I was turning a blind eye (I think that saying is true for this exact reason! To “turn a blind eye” is to ignore something that you know you SHOULD do something about...).

I have been healing my eye sight with Ysatis. Interestingly, when I first received my “diagnosis”, the stats said that 1 in 3000 people have this disease. In 3 short years, I have read of this number increasing to 1 in approximately 900. It’s a trendy thing...goes completely hand-in-hand with the trendy eye surgeries happening everywhere nowadays. I’m so thankful to have found a TRUE healing form to get rid of the keratoconus, without surgery.

– Grace
Toronto, Ontario

[August 12, 2014 at 5:00 am](#)

An update on my healing from KC with Ysatis de Saint Simone...

I have had an interesting run with KC. I was diagnosed a few years back, and have been to multiple appointments with different doctors, even went in for a consultation at the surgery clinic, where they would perform the corneal cross linking procedure. I was scared of getting the surgery done and couldn't afford it (I would have to save up for a while or pay it off in instalments over the course of years). Since I was already in therapy, I decided to discuss it with my therapist, Ysatis de Saint Simone. I sent her all the information that I had been given on the disease and my condition in particular. She researched it on her end also. Since then, we've been working on healing the KC and all the underlying causes.

For me, the KC has been linked to things I have not wanted to see. Through the therapy, I have come to learn that my subconscious mind was **literally** making my blind due to my unwillingness to see certain things. For example, the abuse I endured at the hands of my sister, and the many abusive/unsafe things my father exposed my sisters and I to throughout our childhood. I was scared as a child, so I would rather not see it in order to convince myself everything was okay. "Out of sight, out of mind".

I am not saying this is the case for everyone, but for me, the KC is a self-imposed blindness. It is also really linked to anger. Through the therapy, I have learned how to feel subtle changes in the body. When I am angry or let emotions take over, I can actually **feel** my eyes change, my vision gets blurry and my eyeballs get itchy. This might sound like science fiction, but it's extraordinary. This therapy has allowed me to see what from my past was causing the disease in myself, and what makes it worse/aggravates it in my day-to-day life. This knowledge has helped me tremendously because I can focus on controlling my known "triggers" in the present and continue to heal the damage from the past. The therapy has helped me so much. I have noticed a big difference because I can drive without my glasses (which as many of you know, were not corrective, but merely a strong prescription to "make do"...eyeglasses cannot correct KC eyes' vision).

Another thing I have learned is the KC is also linked to things I have "turned a blind eye" towards. In seeing things that I know are wrong, and saying/doing nothing, my eyesight feels different. It's like an inner shame, and some of the therapy I've done is linked to not wanting to see **myself**...very interesting stuff and deeply linked to my healing.

I hope anyone suffering from KC, or contemplating surgery, first contacts Dr. De Saint Simone. Figuring out the underlying root cause of the disease is the most effective way of managing this disease, and with continued care via this therapy, getting rid of it.